

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MIXED 10-9 Heat:5, starttime: 14:11

Heat: 5/6 Lane : 3 Athlete: VERACHTEN TIJL Q-time: 01:56:57

PB (50m pool): no time PB (25m pool): 01:56.57 SB: no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 12: 100M BREASTSTROKE MIXED 10-9 Heat:6, starttime: 14:14

Heat: 6/6 Lane : 7 Athlete: RAES KAYA Q-time: 01:50:25

PB (50m pool): no time PB (25m pool): 01:50.25 SB: no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+ Heat:3, starttime: 14:19

Heat: 3/11 Lane : 8 Athlete: GEUDENS THOR Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	
PB	no time	
	no time	
	.	

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 13: 50M BREASTSTROKE MEN 11+		Heat:6, starttime: 14:24
Heat: 6/11 Lane : 5 Athlete: KEMPS VINCE		Q-time: 00:45:44
PB (50m pool): 00:47.52 Mol 23/06/2024		PB (25m pool): 00:45.44 SB: no time
	5 0 M	
PB	00:47.52	
	00:47.52	
		

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+		Heat:7, starttime: 14:25
Heat: 7/11 Lane : 2 Athlete: DE MESSEMAEKER ZYDRICH		Q-time: 00:42:99
PB (50m pool): 00:44.82 Antwerpen 15/03/2026		PB (25m pool): 00:42.99 SB: 00:44.82 Antwerpen 15/03/2026
	5 0 M	
PB	00:44.82	
	00:44.82	
		

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+		Heat:10, starttime: 14:29
Heat: 10/11 Lane : 4 Athlete: HUYSMANS SEPPE		Q-time: 00:34:39
PB (50m pool): 00:35.04 Antwerpen 15/03/2026		PB (25m pool): 00:34.39 SB: 00:35.04 Antwerpen 15/03/2026
	5 0 M	
PB	00:35.04	
	00:35.04	
		

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+		Heat:2, starttime: 14:33
Heat: 2/11 Lane : 6 Athlete: DIRIX LILY		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 14: 50M BREASTSTROKE WOMEN 11+						Heat:5, starttime: 14:37	
Heat: 5/11 Lane : 8 Athlete: KEMPS AMELIA						Q-time: 00:50:12	
PB (50m pool): 00:50.12 Kortrijk 04/05/2025						PB (25m pool): 00:50.47 SB: no time	
	5 0 M						
PB	00:50.12						
	00:50.12						
							

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:42										
Heat: 9/11 Lane : 5 Athlete: CEULEMANS LENA					Q-time: 00:40:94										
PB (50m pool): 00:50.18 Zwembad Brigitte Becue Oostend 10/05/2025										PB (25m pool): 00:40.94 SB: no time					
	5 0 M														
PB	00:50.18														
	00:50.18														
															

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+										Heat:10, starttime: 14:44																																							
Heat: 10/11										Lane : 2										Athlete: GEYPEN WIES										Q-time: 00:39:59																			
PB (50m pool): 00:39.59										Antwerpen 15/03/2026										PB (25m pool): 00:40.89										SB: 00:39.59										Antwerpen 15/03/2026									
		5 0 M																																															
PB		00:39.59																																															
		00:39.59																																															
																																																	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 14:45				
Heat: 11/11 Lane : 7 Athlete: KEMPS ELIZE					Q-time: 00:37:74				
PB (50m pool): 00:38.63 Kortrijk 04/05/2025					PB (25m pool): 00:37.74 SB: 00:38.72 Wezenberg 01/02/2026				
	5 0 M								
PB	00:38.63								
	00:38.63								
									

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 14: 50M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 14:45
Heat: 11/11 Lane : 8 Athlete: VAN BAELEN YENTHE			Q-time: 00:38:14
PB (50m pool): 00:38.14 Antwerpen 15/03/2026			PB (25m pool): 00:38.62 SB: 00:38.14 Antwerpen 15/03/2026
	5 0 M		
PB	00:38.14		
	00:38.14		
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 14:49
Heat: 2/7 Lane : 1 Athlete: VAN DEN BROEK LAURENS			Q-time: 02:05:09
PB (50m pool): no time			PB (25m pool): 02:05.09 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:56
Heat: 5/7 Lane : 6 Athlete: HERMANS PIETER-JAN			Q-time: 01:22:75
PB (50m pool): 01:29.80 SportinGenk Park 21/04/2025			PB (25m pool): 01:22.75 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:29.80	
	no time		
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 14:58
Heat: 6/7 Lane : 1 Athlete: VERACHTEN LOUIS			Q-time: 01:19:77
PB (50m pool): 01:21.18 Antwerpen 20/07/2025			PB (25m pool): 01:19.77 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.36	01:21.18	
	00:38.36	00:42.82	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 16: 100M BREASTSTROKE WOMEN 11+				Heat:1, starttime: 15:02	
Heat: 1/10 Lane : 3 Athlete: WOUTERS FENNA				Q-time: 02:19:97	
PB (50m pool): 02:19.97 Kortrijk 04/05/2025				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M			
PB	01:05.81	02:19.97			
	01:05.81	01:14.16			
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 15:05	
Heat: 2/10 Lane : 8 Athlete: HOEYBERGHS RYLEY				Q-time: 02:00:17	
PB (50m pool): no time				PB (25m pool): 02:00.17 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 15:24	
Heat: 1/2 Lane : 5 Athlete: COOLS VINCE					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 15:28	
Heat: 2/2 Lane : 1 Athlete: RAES KAYA					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 18: 100M FREESTYLE MIXED 10-9			Heat:5, starttime: 15:43
Heat: 5/5 Lane : 5 Athlete: VERACHTEN TIJL			Q-time: 01:24:28
PB (50m pool): no time			PB (25m pool): 01:24.28 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:45
Heat: 1/6 Lane : 5 Athlete: VAN DEN BROEK LAURENS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+			Heat:4, starttime: 15:49
Heat: 4/6 Lane : 6 Athlete: HERMANS PIETER-JAN			Q-time: 00:29:59
PB (50m pool): 00:29.59 Wezenberg 01/02/2026			PB (25m pool): 00:31.89 SB: 00:29.59 Wezenberg 01/02/2026
	5 0 M		
PB	00:29.59		
	00:29.59		
			

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:50
Heat: 5/6 Lane : 2 Athlete: VERACHTEN LOUIS			Q-time: 00:27:30
PB (50m pool): 00:28.00 Wezenberg 01/02/2026			PB (25m pool): 00:27.30 SB: 00:28.00 Wezenberg 01/02/2026
	5 0 M		
PB	00:28.00		
	00:28.00		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 20: 50M FREESTYLE WOMEN 11+						Heat:2, starttime: 15:54	
Heat: 2/9 Lane : 4 Athlete: WOUTERS FENNA						Q-time: 00:39:52	
PB (50m pool): 00:39.52 Mol 22/06/2025						PB (25m pool): no time SB: no time	
	5 0 M						
PB	00:39.52						
	00:39.52						
							

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+					Heat:4, starttime: 15:56				
Heat: 4/9 Lane : 7 Athlete: KEMPS AMELIA					Q-time: 00:36:79				
PB (50m pool): 00:37.09 Kortrijk 04/05/2025					PB (25m pool): 00:36.79 SB: no time				
	5 0 M								
PB	00:37.09								
	00:37.09								
									

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+						Heat:8, starttime: 16:00	
Heat: 8/9 Lane : 5 Athlete: GEYPEN WIES						Q-time: 00:29:21	
PB (50m pool): 00:29.97 Antwerpen 15/03/2026						PB (25m pool): 00:29.21 SB: 00:29.97 Antwerpen 15/03/2026	
	5 0 M						
PB	00:29.97						
	00:29.97						
							

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:7, starttime: 16:25		
Heat: 7/12 Lane : 6 Athlete: DE MESSEMAEKER ZYDRICH			Q-time: 01:08:98		
PB (50m pool): 01:08.98 Antwerpen 15/03/2026			PB (25m pool): 01:10.48 SB: 01:08.98 Antwerpen 15/03/2026		
	5 0 M	1 0 0 M			
PB	00:32.59	01:08.98			
	00:32.59	00:36.39			
					

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 21: 100M FREESTYLE MEN 11+			Heat:8, starttime: 16:26
Heat: 8/12 Lane : 8 Athlete: GEUDENS THOR			Q-time: 01:07:74
PB (50m pool): no time			PB (25m pool): 01:07.74 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:9, starttime: 16:28
Heat: 9/12 Lane : 8 Athlete: KEMPS VINCE			Q-time: 01:05:80
PB (50m pool): 01:11.49 Antwerpen 13/07/2025			PB (25m pool): 01:05.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.65	01:11.49	
	00:33.65	00:37.84	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:12, starttime: 16:33
Heat: 12/12 Lane : 1 Athlete: HUYSMANS SEPPE			Q-time: 00:57:81
PB (50m pool): 00:58.77 Antwerpen 15/03/2026			PB (25m pool): 00:57.81 SB: 00:58.77 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:28.96	00:58.77	
	00:28.96	00:29.81	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:37
Heat: 2/12 Lane : 1 Athlete: HOEYBERGHS RYLEY			Q-time: 01:43:32
PB (50m pool): no time			PB (25m pool): 01:43.32 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:43
Heat: 5/12 Lane : 4 Athlete: DIRIX LILY			Q-time: 01:15:39
PB (50m pool): 01:16.22 Antwerpen 15/03/2026			PB (25m pool): 01:15.39 SB: 01:16.22 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.22	01:16.22	
	00:37.22	00:39.00	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:48
Heat: 8/12 Lane : 6 Athlete: CEULEMANS LENA			Q-time: 01:10:35
PB (50m pool): 01:12.82 Wezenberg 01/02/2026			PB (25m pool): 01:10.35 SB: 01:12.82 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:12.82	
	no time		
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:52
Heat: 10/12 Lane : 4 Athlete: KEMPS ELIZE			Q-time: 01:05:04
PB (50m pool): 01:05.04 Antwerpen 20/07/2025			PB (25m pool): 01:04.24 SB: 01:06.23 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.07	01:05.04	
	00:31.07	00:33.97	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:55
Heat: 12/12 Lane : 7 Athlete: VAN BAELEN YENTHE			Q-time: 01:02:37
PB (50m pool): 01:03.93 Antwerpen 15/03/2026			PB (25m pool): 01:02.37 SB: 01:03.93 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:30.51	01:03.93	
	00:30.51	00:33.42	
			

Coach feedback: